



## **A message from Betty White & Brian McNamara**

Its been a long interval between newsletters, so our apologies if there is a lot of information in this one.

As you will no doubt be aware, The Care Inspectorate visited in February 2014 and the resulting report was disappointing to ourselves and the staff, all of whom work tirelessly to ensure the highest standards of care for our residents. We concentrated all our efforts in completing the requirements and would like to thank those families who took the time to write to the Care Inspectorate to support us by giving their first hand experience of the care their relatives receive here at Flemington.

You'll find a selection of the various events and activities organized throughout the seasons, along with upcoming events for you to attend and enjoy.

Our **2014** Summer Fete was a fabulous success, providing a fantastic opportunity for the local community to engage with residents, staff, families and friends of the Care Home. We raised £1938 for the funds, and the residents and staff will decide where this should be used. David Totten, our resident fund-raiser extraordinaire, also raised almost £240 in addition to this, on the day. His efforts will be used to enhance the memorial Garden and this will benefit all the residents and visitors to the Care Home. We share lots of pictures from the day in this newsletter.

We changed the format for this year, moving all the stalls into the car-park (we found that the rear garden was just too busy last year!) The kiddies park was still up on the front garden of Flemington House and this left the café and rear garden for visitors to relax and enjoy the food and drink and cakes... don't forget the cakes... on the day!

We would like to give a great big thank you to all of those who helped; residents, staff, families and friends who volunteered to assist on the day: also with the huge amount of work in preparation of the fete. We also need to thank all the supporters who provided gifts and prizes on the day. Those businesses and individuals who support us have our eternal gratitude and it really is just to let you know you helped make the day such a success and you help bring fun and laughter to our residents throughout the year.

David Totten is still looking for volunteers to assist in setting up a 'Friends of Flemington' Society. By doing so, they will be able to access funding sources to help make those big ideas come to life and thereby enhance the lives of the residents of the Home.

## What's been happening this past year?

December 2013 – Our Christmas Party Celebrations

Santa came to visit... and he enjoyed the day too!

January 20<sup>th</sup> - Burns Day Celebrations- Back by popular demand of our residents, Sheila K entertained them all. Children from our local primary school gave a poetry recital performed by Jason, Mia and Hannah .

Held in our café and well attended by residents, families and friends, there was music and dancing throughout the afternoon. Tartan sashes were made and worn by residents and relatives.

February 4<sup>th</sup> - Church service

Our regular church service, held every month by Neil Glover, the minister from Flemington Parish Church.

February 12<sup>th</sup> -Valentines Day Celebrations – Guitarist Eleanor Kelly

A party with food and refreshment in abundance, held in the afternoon.

February 13<sup>th</sup> – Golden moments Activities

Golden Moments Activities generously volunteered their services to come along and have a sparkle cupcake activity with our residents where some of the residents decorated cupcakes and biscuits in an edible sparkle theme!

February 14<sup>th</sup> – Residents' Meeting

A group of residents came together to hear updates about the Care Home and were given the opportunity to put forward their own suggestions to the management.

February 15<sup>th</sup> – Relatives Meeting

Our relatives meeting was held in the evening to bring together people for a group discussion of their relative's care setting and needs.

# Christmas Party



# Burns' Day Party



February 24<sup>th</sup> – Catholic Mass

We also have other visiting ministers and priests throughout the year.

February 28<sup>th</sup> – Fruit Party

A fruit party day was held in the café for all residents who wanted to attend. Platters of mixed fruit were served. Residents were encouraged and assisted to enjoy the fresh fruits and meet other residents from the various units in the Home.

March 4<sup>th</sup> – Church Service

All those who attended enjoyed David Beverage's sermon.

March 26<sup>th</sup> – China Tea Party

Some of our residents enjoyed getting out the good china for a morning tea party. They helped to set the table with linen and a china tea set before sitting down to biscuits and chocolates for all to enjoy.

April 14<sup>th</sup> & 15<sup>th</sup> – A Pampering Session

Iona Cannon came to the Home today to give mini pampering sessions to the residents. This was a chargeable item but the residents agreed that the price offered by Iona was very good value for money. They have requested that another session is booked soon.

April 17<sup>th</sup> – Knitting Bee

Our regular knitting bee was held in the meeting room. Pet blankets are being knitted to sell at the Fete in July. Those no longer able to knit still enjoy chatting about their times knitting with friends.

April 18<sup>th</sup> – Easter Party

Sheila K provided live music and singing for our Easter Party this year. Staff members and children paraded our brightly coloured Easter bonnets. All the residents enjoyed their Easter egg and also the chefs' Easter themed baking.

May 6<sup>th</sup> - Church service

David Beverage held our in-house service today

May 16<sup>th</sup> – Accordion Entertainment

June O'Leary played the accordion for the residents today. Refreshments and chocolates were served.



# Easter Parade



# Summer Fete

We raised a fantastic £2,178 at the event this year and here are a selection of pictures that show the fun had by young and old.







May 19<sup>th</sup> – Benches

A new bench was delivered for the Memorial Gazebo. The staff had kindly raised funds to help purchase the bench in memory of Jimmy McNamara who helped around both care homes for nearly 25 years. The other two benches were purchased through fundraising.

May 24<sup>th</sup> Participation Group

Some of the residents came together to put forward their own suggestions and ideas for our open day and summer fete. Some good ideas have been discussed and will be used on both occasions.

May 29<sup>th</sup> Summer themed Garden Party

The party had to be held indoors (our lovely weather put paid to an outdoor event) Residents enjoyed the dancing and live music from Sheila K as well as the party food and ice-cream.

May 30<sup>th</sup> - Residents meeting

Residents were kept up to date with the ongoing developments at the Home. They also discussed a variety of other subjects.

June 5<sup>th</sup> - Relatives meeting

These meetings are essential for the development of the Home and management rely on everyone participating to ensure that Flemington Care Home is providing the best possible environment for our residents.

June 20<sup>th</sup> - National Care Homes Open Day

This year's theme was Around The World, to coincide with the World Cup and Commonwealth Games. The Home is open to all visitors from the community to allow people to see how life is for residents in a care home.

June 24<sup>th</sup> – Paragon Music

Paragon supports people with Asperger's Syndrome and the residents are happy to support.

July 5<sup>th</sup> - Annual summer fete

A fantastic success, as usual, thanks to the enormous efforts of our staff and friends. A BIG thank you to Karen, our Activities Coordinator, for all the tireless work she does, especially at this time.





## National Care Homes Open Day



# Our Dogs...

*A poem, composed by all the residents at Flemington for our dogs..  
Especially Cookie, who went to doggie heaven earlier this year.*

Our dogs are wonderful, And very sweet  
Especially if, You've got a treat

They like to visit, And play with the ball  
They share themselves, Among us all

When the weathers nice, We go for walks  
In quiet places, We have little talks

Millie is our resident dog, She works with the maintenance crew  
She only stops occasionally, To try and get a 'chew'

Ossie is our gentleman, He just adores his dad  
He really is well behaved, He's just a quiet lad

Cookie was our greedy girl, She could be a little cheeky  
Wen the food came round, she would be rather sneaky

Harry is our little man, he's the latest of the pack  
When he hears his special call, he comes running back

We love them all, they are all good fun  
But \_\_\_\_\_ is MY special one!!

# News

## ELM UNIT

As you may have noticed on your visits, the dormer units are now being installed in the upper floor in preparation for the new unit which we hope to open later this year. All bedrooms and public rooms will have these fitted.

The café area will have restricted floor space for a short period as we work on the dormer units on the rear of the building. Safety is our priority during this time so please follow any instructions that may be displayed around the building.

We plan to have an open day shortly to allow our residents and families to view the finished build and give us their suggestions before we commence installing fittings and layout the furnishings. Please feel free to enquire about the progress when you are visiting. We will be adding pictures to the website when we have the evaluated suggestions.

A few residents have already enquired about moving into the new unit so please let us know if you would like any additional information.

Betty & Brian

## Upcoming Events

**25th July—Pamper session**

**with Iona Cannon: mini-facials, manicures & foot massages on offer**

**6th August—In-house Church Service**

**20th August - Golden Moments Activities**

**A workshop organised with Scottish Care**

**2nd September— In-house Church Service with David Beverage**

**NEW Weekly story telling with David ,**

**relating his time at sea.**

**24th September—Summer Party with Sheila K**

**6th October—Church Service**

**31st October—Halloween Party with live music from Sheila K**

**6th November—Church Service**

**16th & 17th December—Christmas Party**



# A special celebration

## GRANDPARENTS

Betty White	Grandson Connor
Georgina McGowan	Granddaughter Indie
Francis Thom	Grandson Calvin
Helen Borland	Granddaughter Cara
Helen Borland	Grandson Kyrin
Brenda Sampson	Grandson Maeson
Kenneth Neilson	Grandson Kenneth

## MATERNITY LEAVE

Nicki Burnett	expecting a boy
Samantha Rennie	expecting a boy

## STAFF BIRTHDAY

Francis Ferguson	60th on 29th August
------------------	---------------------

## WEDDINGS

Cheryl McKillop & Craig McMahon on  
2nd August

## RESIDENTS' BIRTHDAYS

Greta Stewart	80th birthday
May Gardiner	90th birthday
David Totten	70th birthday



For those who wish to make a Comment, Compliment or Complaint – There is a confidential 'Communications Post Box' outside the Café – cards are provided for short messages and letter and notes can be posted there also. Our Manager, Betty White, checks this box daily to ensure all communication is dealt with promptly. Please feel free to discuss any matter directly with the nurse on duty or if you would prefer to leave a letter or note then you are welcome to use the white Communications Post Box on the left hand side of the café entrance. Thank You.

Flemington Care Home, T: 0141 643 9600  
Flemington Road, Cambuslang, F: 0141 641 6828  
G72 8YF

E: [info@flemingtoncarehome.com](mailto:info@flemingtoncarehome.com)  
W: [www.flemingtoncarehome.com](http://www.flemingtoncarehome.com)